

INFORMED CONSENT FOR INTRAVENOUS CHELATION

Patient: _____ Today's Date: _____

This form is designed to document that you understand information regarding IV (intravenous) therapy using nutrients, including the potential risks and benefits of treating and not treating your symptoms. Information is presented so that you can make an informed decision regarding your condition and your options.

Chelation (pronounced key-LAY-shun) therapy is a treatment to remove toxic metals from the body, such as lead, mercury, arsenic, and cadmium. It utilizes intravenous infusions of a chelating agent, often EDTA (ethylenediaminetetraacetic acid), an FDA-approved synthetic amino acid. EDTA attaches itself to the metals and together they both move to the kidneys where they are eliminated from the body and excreted in the urine.

The human body was designed to be a self-cleaning organism. Unfortunately, modern living exposes us to an abundance of chemical and toxic metals coming from air pollution, pesticide-laden fruits and vegetables, food additives, chemicals in the water, antibiotics in meat, gasoline fumes, cigarette smoke, alcohol, plasticizers, over-the-counter and prescription medications, dental fillings, and chemicals in cosmetics and household cleaning products. Due to their abundance and pervasiveness, these toxins build up and can overwhelm your body's ability to fully detoxify. Over time, this can cause damage to the brain, heart, blood vessels, bones, and immune system.

Chelation therapy is scientifically proven to remove toxic metals from the body. Benefits may include:

- Reduced oxidative-stress (decreased free-radical activity)
- Reduced chronic inflammation
- Decrease in total cholesterol and increase in HDL ("good" cholesterol)
- Lowered blood pressure
- Decreased blood sugar levels
- Improved circulation
- Decreased joint pain
- Increased energy levels
- Improved sleep

The benefits of chelation therapy are much greater if you follow a healthy lifestyle (non-smoking, weight control, exercise, proper diet, and nutritional supplementation).

Treatment is usually administered twice weekly for a minimum of 5 weeks. Treatment may need to be repeated from time to time in the future to maintain the benefits.

Possible temporary side effects may include bruising and/or discomfort at the IV site; "healing reactions" such as fatigue, low-grade fever and muscle aches or joint pain; min-

eral deficiency; and headaches. To limit these side effects, you should eat before treatment, drink plenty of water after treatment, and take a daily mineral supplement during the course of treatment.

Possible complications of nontreatment may include worsening of your condition. Alternative treatments may include long-term use of oral supplements with weak chelating properties.

You are to notify us of all prescription medications you are currently taking. In the event of any adverse reaction after treatment, please contact this office for further instructions. If it is an emergency, you are to call 911.

By signing below, you acknowledge that you have reviewed the above information, and have been informed of the benefits and potential risks of treatment, alternative treatment options, and the risks of nontreatment. You also acknowledge that you have been given ample opportunity to ask Dr. Daniel Thomas questions that have they been answered to your satisfaction. You hereby consent to treatment.

Patient Signature

Witness Signature