

MEDICATION & SUPPLEMENT SCHEDULE

With breakfast:

Acetazolamide (every other day)
Autophagy Renew (piperlongumine)
Berberine
Curcumin
Metformin
Reishi mushroom wall-broken spore powder
Syrosingopine

With lunch:

Autophagy Renew (piperlongumine)
Berberine
Fenugreek

With dinner:

Autophagy Renew (piperlongumine)
Berberine
Metformin
Pro-resolving mediators
Syrosingopine

At bedtime:

Fenugreek
Pentoxifylline
Simvastatin

One hour before hyperthermia treatment:

Cinnamon oil